

Provision of termination of pregnancy services in the community

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I DECLARE NO CONFLICT OF INTEREST

23èmes JOURNÉES DE L' ANCIC
Vendredi 15 & Samedi 16
Novembre 2019
TROYES

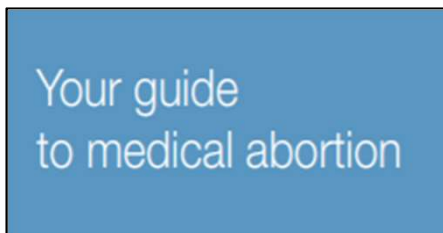
In the beginning

- Citizens Assembly introduced 2016 to discuss TOP
- 99 members +1 chair +steering group
- 5 meetings on 8th amendment
- A report furnished to the Government
- Referendum held 25/5/2018
- Passed by a majority of 66.4 %

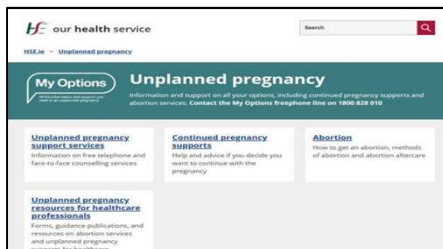
Communications



The My Options marketing and information campaign ran until 24th March. This included advertising in washrooms at colleges and retail spaces, radio ads and public transport. The next step is to evaluate the campaign to inform future planning.



The Patient Information Booklets have been printed and are available to order to healthcare professionals via healthpromotion.ie.



The My Options website contains a suite of information with regard to an unplanned pregnancy including information on termination of pregnancy as well as continued pregnancy information and supports.

The website also contains resources for healthcare professionals where relevant forms, guidance publications, and resources on abortion services and unplanned pregnancy supports for healthcare professionals are hosted

My options.ie

- A woman will call a 24 hour line (Triage par telefon)
- Counselling as appropriate
- < 9 weeks Community
- > 9 weeks Hospital
- Out of hours service will be staffed by health care professionals i.e. nights / weekends

Role of the GP in Reproductive Health

- Provide a contraception counselling and provision service
- Provide in house LARC (Implant and Coil fitting)
- Provide STI Screening
- Provide ante natal health screen
- Provide ante/post natal care
- Cervical cytology / HPV testing
- Investigate HMB

The Providers

- Doctors in the Community choose to provide the service
- It is not obligatory to provide
- It is obligatory to refer to a Doctor who will offer MTOP

Ist Contact

- A woman will have a choice to call a 24 hour line clinically staffed or attend her family doctor.
- The 24 hour helpline line has the potential to triage a woman to the appropriate service
- Counselling as appropriate
- < 9 weeks Community (FP /WW Clinic or GP) or hospital
- > 9 weeks hospital
-

1st VISIT

- History
- Gestation
- Need for dating scan
- ?Need for serum HCG (for women of later gestation)
- CERTIFICATION

Ultrasonography

- Ultrasonography for **dating purposes** will be available where clinically indicated.
- There is no requirement for the routine use of Ultrasonography
 - 1. Through private providers
 - 2. In hospitals where appropriate
- Eg unsure of dates, IUCD in situ, suspicion of ectopic pregnancy

Provision of Medication

- The 1st medication to be taken within the Doctor's office
- The 2nd medication is given to the patient to take home with advice and infographics on analgesia /expectations
- 24 hour help –line number for advice etc (My options)
- A generic letter to take to a hospital if necessary

Medication in the Community < 9 weeks + 6 days gestation

- Mifepristone 200mg orally to be taken in the Surgery
- Misoprostol 800 mcgs to be taken buccally , sublingually or vaginally 24-48 hours later.

2nd Visit 3 days later

- Information about medication
- Information about process
- Consent
- First medication administered
- Take home pack: information leaflet, telephone helpline number, second medication, low sensitivity pregnancy test, advice on analgesia
-)
- Low sensitivity pregnancy test to take home
- notification

3rd Visit---- NOT OBLIGATORY

- Most do not return they are followed up by telephone

Problems arise --- DO ARISE

- Low sensitivity Preg test done too early -- not neg
- Women using both high and low sensitivity pregnancy tests !
- incomplete but more importantly for failed TOP

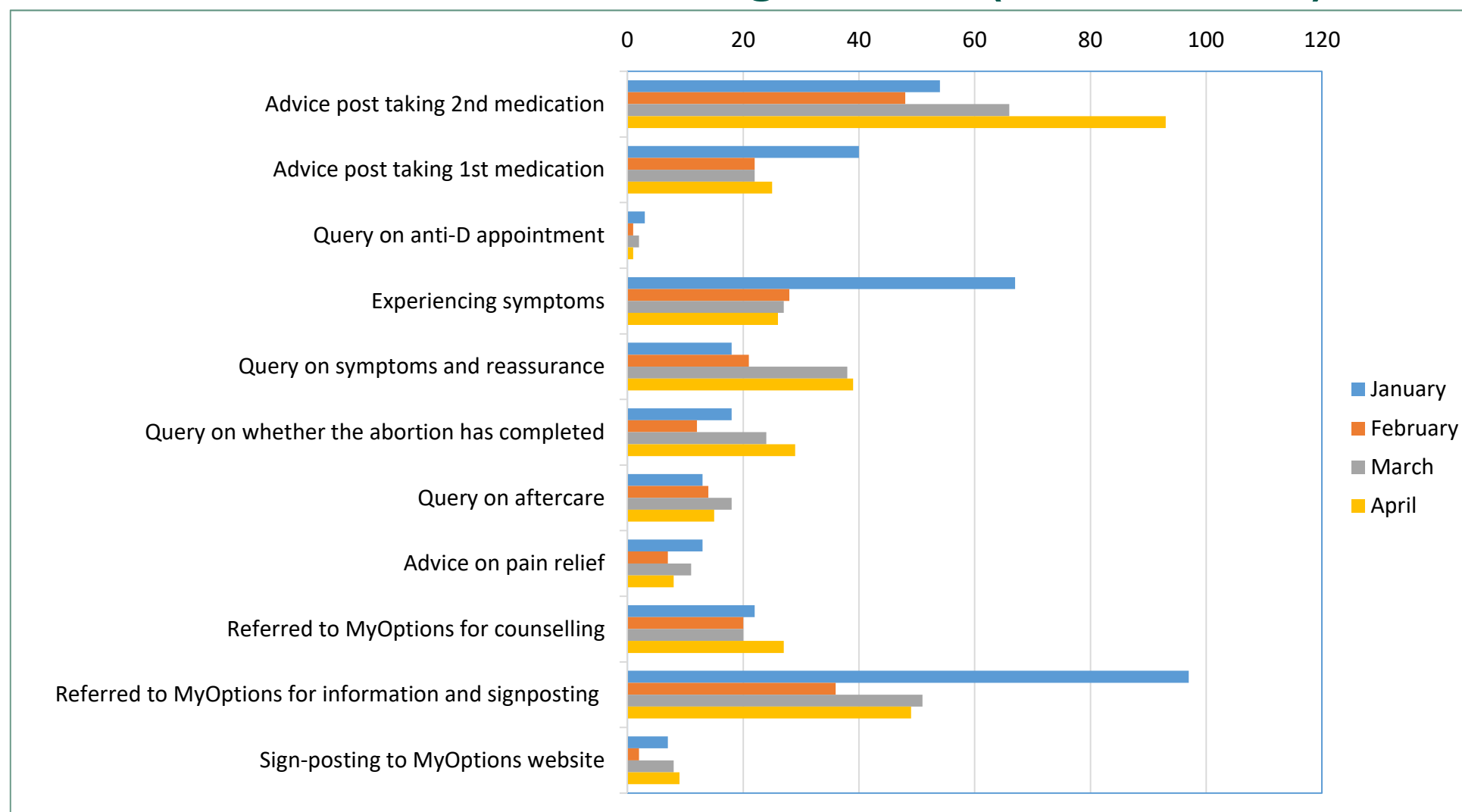
Education and training

- Blended learning
 - E learning
 - Webinars
 - Workshops
-
- Commenced date 15th Dec 2018 for Workshop

Numbers

- ICGP have provided training for approx. 338 Doctors
- 11% of the General Practitioners
- 138 Doctors have declared an interest in being trained
- ICGP has 15 tutors

Reason for Phone Call: Nursing Service (First Quarter)



Note: Some phone calls may have multiple reason classifications e.g. experiencing symptoms and referral for counselling

SO ?? It's not perfect

1 Compulsory 3 day moratorium between visit 1 and 2

4 No choice (medical only)

5 Protests in the countryside mainly

6 Contraception is not currently part of the “package “

7 STI Screening not part of the package

8 Paperwork !!!

10. Criminal offence at 12 weeks +0 days

11 No statistics available

Good points

- A woman may have a TOP up to 12 weeks +0 days without justification
- My Options Booklet
- My options 24 hour help line with clinical support
- Interim guidelines which are practical
- Collegiality between IOG and ICGP
- Support and training from our Colleagues in BSACP

The Strengths

- Provision in the Community – the Doctors office is generic providing other services
- Less risk of stigma
- Few protests

The future

- Free STI Screening where appropriate
- Free contraception at the point of access
- Better ultrasound facilities
- More choice
- Normalise/ integrate the Service more Doctors on the public listing
- Government review legislation in 3 years

Je vous remercie pour votre
attention